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Veggie Stromboli

Here is what you need:

- 1 ¼ cups warm water- about 100 degrees
- 1 tablespoon dry active yeast
- 1 tablespoon granulated sugar
- ¼ cup + 1 tablespoon olive oil (divided)
- 3 ¼ cups all-purpose flour (divided)
- 1 teaspoon salt

Here is how you do it:

In a large mixing bowl, add warm water, sugar, and yeast; gently stir. Let yeast mixture sit for 5 minutes. You will see the yeast start to foam slightly. Add in 3 cups flour, salt, and 3 tablespoons of oil. Stir, then mix with hands until it forms a dough. Sprinkle in remaining flour as needed if the dough is too sticky. The dough should be slightly tacky, but not sticking to your hands.

Use extra flour and coat dough. Cover the dough in the bowl loosely with damp cloth or plastic wrap, and allow to rise and triple in size, or approximately 30 minutes.

Filling Ideas: Using a combination of these ingredients, you will need 4 cups of filling; 2 cups chopped cooked cold veggies, and 2 cups shredded mozzarella cheese

Veggie suggestions: broccoli, peppers and onions, roasted red peppers, artichoke hearts, chopped spinach (well drained if using frozen) and cauliflower. Note: if any veggies are packed in water make sure they are well drained. Making Veggie Stromboli is a good way of recycling left over veggies.

For a Meat and Cheese Stromboli: replace the Veggies with ½ pound sliced pepperoni and salami.

Fill and Baking Instructions:

1. Preheat oven to 400 degrees. Line a large baking sheet lined with foil or parchment paper gently-greased.
2. Roll out dough to a large rectangle, about 24 inches long and 18 inches wide.
3. Add filling, leaving a 2-inch boarder on the bottom and both sides without filling.
4. At the top, leave a 6-inch boarder without filling.
5. Starting at the bottom, roll up the Stromboli, and place (seam side down) on baking sheet. Create a circle and attach the two ends to create one large wring. Using the tip of a knife, cut two slits in the top of each. Brush with remaining oil. Bake until golden, or 30 to 45 minutes. Serve Stromboli with 1 cup marinara for dipping.